



AMERICAN  
POWERLIFTING  
FEDERATION  
ILLINOIS

**Make Checks Payable To:**

**Progressive Sports Performance**

2775 Shermer Road Unit 110, Northbrook IL 60062

In consideration of the acceptance of this entry thereby for myself, my heirs, executors, and administrators waive and release any and all claims and damages I may have against the APF/AAPF, Erv Domanski, Lea-Ann Domanski, Progressive Sports Performance, their representatives, successors, and assigns for any and all injuries or bodily harm that I may suffer while competing at the APF/AAPF Rise of the Deadlift and Beast of the Bench. I attest and verify that I have full knowledge of the risks involved with my participation in this event, and that to the best of my knowledge I am physically fit and able to participate in this event. I understand there is random drug testing by urinalysis on a minimum of 10% of all AAPF lifters. AAPF/AWPC policy permanently bans any lifter testing positive for a banned substance.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age : \_\_\_\_\_ Gender: \_\_\_\_\_

***Circle Weight Class:***

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, UNL

***Circle Division(s) Entered:***

*A \$25 fee for each additional sanction/division.*

Sanction:      APF                      AAPF (drug tested)

Division:      Teen 13-15, 16-17, 18-19, Junior 20-23, Open, SubMaster 33-39,  
Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

## **T-Shirt Pre-Order Form**

Pre-order your official **RISE OF THE DEADLIFT/BEAST OF THE BENCH PRESS** T-shirt!

Extra T-shirts are not guaranteed to be available the day of the event so please pre-order to make sure you get yours.

T-shirts are \$15 each; please include the total cost of t-shirts ordered with your entry fee, along with this form. List below the number of each size you would like to order:

XXXL: \_\_\_\_\_

XXL: \_\_\_\_\_

XL: \_\_\_\_\_

L: \_\_\_\_\_

M: \_\_\_\_\_

Total Number: \_\_\_\_\_ x \$15 = \_\_\_\_\_